

Energy sobriety plan

 reduction in consumption of $\approx 15\%$

BUILDINGS/ LOCATIONS	EQUIPMENT	DETAILS	ACTIONS
E, F, G, H, I, J, K + D	Ventilation	Variable motors	Decrease at night and on weekends
A, B, C	Ventilation	On-off motors	Cutting at night and/or at weekends
All	Lighting	Lamps in the common areas	Remove the number of lamps*
All	Lighting	Floor lamps in common areas	Replace fluorescent lamps (from 220W to 98W)
All	Lighting	Sensors	Adjust daylight sensors, motion and presence detectors
A, B, C	Lighting	Decorative lamps	Significantly reduce
Toilets	Lighting	Mirror lighting	Remove lights
Parkings	Lighting	Neon lights	Remove 1 neon out of 2
E, F, G, H, I, J, K + D	Lighting	Set the lighting automation system	Possible as demonstrated in D-building - 3rd floor

*while ensuring safety

External lighting (E, F, G, H, I, J, K)	Lighting	New luminaires	Optimization
A, B, C, L	Heating	Radiators	Set the thermostatic valves correctly, lower the boiler temperature

Electricity - Tenants' actions

All	Lift		Reduce usage by using the stairs
All	Lighting	All personal lamps	Adapt the intensity of the lighting
All	Lighting	All personal lamps	Switch off all lights when leaving the room
All	Computer		Reduce the brightness of your screen
All	Computer		Turn off your computer instead of putting it to sleep
All	Coffee machine		Turn off your coffee machine instead of putting it on standby
All	Water		Wash your hands with cold water*



*Discover good practices to adopt at work in our [Eco-gestures](#) document